## Sample Vegan Mena

## To Start

Green Pea, Mint and Tomato Bruschetta<br>Vegetable Salad with a Soy and Maple Syrup dressing<br>Homemade Parsnip \& Ginger Soup with artisan bread

## Mains

Roasted Peppers, stuffed with couscous, served with roasted vegetables and tomato sauce.

Green Lentil Cottage Pie, served with rocket salad and homemade bread
Homemade Basil \& Cashew Nut Pesto Spaghetti

## Puddings

Banana and Berry Sundae

Coconut and Date Balls, served with sweetened oat-ly

Blood orange sorbet

Tea \& Coffee and Petit Fours served in the Birders Lounge after dinner

Food allergies and intolerances - a member of staff will be happy to provide you with information about whether your choice of dishes contain any of the major food allergens.

